



International Conference on  
**Yoga, Medicine and Mental Health**

November 24-25, 2025 | Dubai, UAE

Integrating Yoga and Medicine for Mental Wellness

# INVITATION

## ABOUT CONFERENCE

We warmly welcome you to the International Conference on **Yoga, Medicine and Mental Health**, scheduled to be held on **November 24-25, 2025** in the dynamic city of **Dubai, UAE**. This prestigious event brings together a global community of mental health professionals, researchers, clinicians, educators, and advocates to exchange knowledge, share innovative ideas, and explore collaborative strategies to advance mental health care and well-being. Under the theme “**Integrating Yoga and Medicine for Mental Wellness**” the conference aims to inspire dialogue, promote research, and foster partnerships that address mental health challenges worldwide.

## YOUNG RESEARCH FORUM

Confmeets Conferences is delighted to announce the Young Scientist Awards at the upcoming **International Conference on Yoga, Medicine, and Mental Health**, scheduled to take place in **Dubai, UAE**, on **November 24, 2025**. With the theme “Integrating Yoga and Medicine for Mental Wellness” this global event brings together leading voices and emerging scholars in the fields of mental health, integrative medicine, and yogic sciences. The conference will explore key areas such as Mind-Body Therapies, Yoga in Clinical Practice, Holistic Medicine, Neuroscience of Meditation, and Global Wellness Strategies.

## About Confmeets

Being part of the Confmeets community is a unique privilege that encourages the exchange of ideas with the potential to create a positive global impact. Our webinars play a pivotal role in sharing research findings, innovations, and best practices among practitioners worldwide. Over the years, such gatherings have been instrumental in bridging the gap between cutting-edge research and practical application, enhancing decision-making, and ultimately improving the quality of life. Our international webinars serve as open forums for engaging with leading experts and influencers. Guided by a distinguished organizing team, attendees gain access to cutting-edge insights, innovative strategies, and actionable ideas.

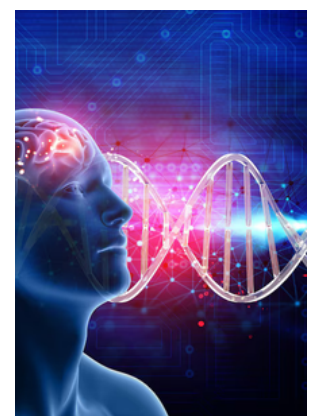
## HIGHLIGHTS

1. Yoga & Mental Health Integration
2. Mental Health Innovations
3. Workplace Mental Wellness
4. Yoga for Pain & Rehabilitation
5. Relationships, Connection & Emotional Intelligence
6. Mind-Body Connection & Holistic Healing
7. Resilience & Mindfulness
8. Suicide Prevention and Self-Harm Prevention
9. Maternal Mental Health
10. Geriatric Psychiatry
11. Sleep Disorders & Mental Health
12. Meditation & Neuroplasticity
13. Faith, Spirituality & Healing
14. Nutrition & Mental Well-being
15. Postpartum Depression & Care



## CATEGORIES OF PARTICIPATION

- Speakers/Presenters
- Panelists
- Moderators/Hosts
- Attendees/Participants
- Sponsors/Exhibitors
- Organizers/Coordinators
- Researchers/Academics
- Networking Participants
- Students/Trainees
- Advocates/Community Leaders
- Industry Professionals



## **IMPORTANT INFORMATION**

Submit your Abstract in the Below Link

<https://www.confmeets.com/mentalhealth/abstract>

Then you can proceed further by registering towards the conference to confirm your slot

<https://www.confmeets.com/mentalhealth/registration>

## **DELEGATE PARTICIPATION**

You can directly confirm your slot by registering towards the conference under Delegate category

<https://www.confmeets.com/mentalhealth/registration>

## **REGISTRATION INCLUDES**

Access to Sessions & Workshops  
Networking Opportunities  
Exclusive Content & Materials  
Professional Development  
Exhibitions & Product Demos  
Certificate of Attendance

## **Contact Us**

WhatsApp: +44-7477-467410

For general inquiries

[mentalillness@confmeets.net](mailto:mentalillness@confmeets.net)

[info@confmeets.net](mailto:info@confmeets.net)



## About Venue

Dubai, on the southeastern Arabian Peninsula, blends modern innovation with rich heritage. Renowned for its futuristic skyline, luxury lifestyle, and groundbreaking infrastructure, Dubai is more than just a city it's a vision brought to life. From the awe-inspiring Burj Khalifa, the tallest building in the world, to the serene beauty of the desert dunes, Dubai offers a unique fusion of urban sophistication and natural wonder. Its world-class hospitality, state-of-the-art convention centers, and rich cultural tapestry make it a premier destination for international conferences and global gatherings. Beyond its iconic architecture and glamorous shopping districts lies a city deeply committed to well-being, sustainability, and innovation. Whether you're exploring traditional souks, enjoying a mindful retreat in the desert, or networking in a high-tech business district, Dubai offers experiences that inspire, energize, and connect. With its strategic location, seamless connectivity, and diverse, inclusive atmosphere, Dubai stands as a gateway between East and West an ideal destination to exchange knowledge, foster collaboration, and shape the future of global dialogue.

