FINAL ANNOUNCEMENT



22ND CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES

Organised by:





THE BRANDLAUREATE CSR AWARDS 2018 NATIONAL DIABETES INSTITUTE



Endorsed by:





DIABETES ASIA 2025' CONFERENCE (DAC 2025)

"Advances in Diabetes and Other Cardiometabolic Conditions"

THURSDAY

3 FRIDAY SATURDAY

OCTOBER, 2025

Venue: Royale Chulan Kuala Lumpur 5, Jalan Conlay, 50450 Kuala Lumpur,





Secretariat 'Diabetes Asia 2025' Conference (DAC 2025)
National Diabetes Institute (NADI)

No.1, Jalan SS3/50, 47300 Petaling Jaya, Selangor, MALAYSIA Tel: +603-7876 1676/ 7876 1677 Fax: +603-7876 1679

Email: enquiry@nadidiabetes.com.my Website: www.nadidiabetes.com.my

Stand a chance to win CASH PRIZES for free paper presentation awards

Many exciting prizes in LUCKY DRAW!!!

NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia Conference' (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2025" Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- Appreciate recent advances and practical aspects of diabetes care
- Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

FREE PAPER PRESENTATION

Free paper presentation is open for all aspects (clinical and basic science) of research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for Oral or Poster Presentation.
Please refer to the attached paper
"Call for Free Paper Abstracts" for instruction.

Closing date for free paper abstract submission is <u>September 1, 2025</u>

Free paper presentation will be judged for "Best Oral Presentation for Clinical Research Awards", "Best Oral Presentation for Scientific (Basic) Research Awards" and "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other healthcare professionals

FREE PAPER AWARDS (CASH PRIZES)

"BEST ORAL PRESENTATION AWARDS (CLINICAL RESEARCH)"

Best Award: RM 3,000 Second Award: RM 2,000 Third Award: RM 1,000

"BEST ORAL PRESENTATION AWARDS (SCIENTIFIC RESEARCH)" Best Award: RM 2,000 Second Award: RM 1,500 Third Award: RM 1,000

"BEST POSTER PRESENTATION AWARDS"

Best Award: RM 2,000 Second Award: RM 1,000 Third Award: RM 750

*A Certificate of Award will also be presented to the winners. THE JUDGES' DECISION IS FINAL. No further correspondence is allowed



Cash prizes, hampers and vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the conference. Lucky winners may receive cash rebates or nampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and table tops to receive their respective chops as proof of attendance.

- ✓ Certificate of attendance for all Delegates
- ✓ CPD Points will be applied for Malaysian Doctors, Nurses, Dietitians, Pharmacists, Nutritionists, Medical Assistants, Diabetes Educators & Health Education Officers.

The 'Diabetes Asia 2025' Conference (DAC 2025) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.

GENTRALORGANISING COMMITTEE

Patron: YABhg. Tun Dr. Mahathir Mohamad Advisor: Professor Dato' Anuar Zaini Md. Zain

Chairman: Emeritus Professor Dato' Mustaffa Embong

Secretary: Dato' Dr. Nor 'Aini Abu Bakar

Treasurer: Ms. Rosmawati Yusoff

Sub Committees

Scientific Committees:

Professor Dato' Mafauzy Mohamad (Chairman)

Professor G. R. Letchuman Professor Norlaila Mustafa Associate Professor Lim Lee Ling Datuk Dr. Zanariah Hussein

Sabah & Sarawak Representative:

Dr. William Voon Yu Huat

Fund Raising & Exhibition: Ms. Rosmawati Yusoff

Audiovisual: Signature Production

Conference Coordinator: Ms. Misfahulhairah Shariff

Secretariat: Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)

Ms. Nurulhuda Athirah Hadri Ms. Fazilah Mahmad Avop

Ms. Kee Poh Siew Ms. Zalifah Mohd Hari

Mr. Muhammad Fitri Nazarudin

Mr. Zamri Husain

INTERNATIONAL ADVISORY BOARD

Emeritus Professor Augusto D. Litonjua, *Philippines*

Emeritus Professor Clive S. Cockram, Hong Kong

Emeritus Professor Morsi Arab. Egypt

Emeritus Professor Philip Home, *United Kingdom* Emeritus Professor Thep Himathongkam, Thailand

Professor Eberhard Standl, Germany

Professor Harold E. Lebovitz. USA

Professor Luc Van Gaal, Belgium

Professor Timothy Davis, Australia Professor Xu Zhang Rong, China

INVITED CONFERENCE SPEAKERS/CHAIRPERSONS*



Professor Alice Kong Department of Medicine & Therapeutics The Chinese University of Hong Kong Hong Kong

(confirmed)



Professor Alicia Josephine Jenkins Head of Diabetes and Vascular Medicine, Baker Heart and Diabetes Institute Australia

(confirmed)



Professor Richard IG Holt Professor in Diabetes and Endocrinology Faculty of Medicine University of Southampton Southampton General Hospital, United Kingdom (confirmed)

Professor Elizabeth Paz Pacheco Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, Philippine General Hospital Philippines

(confirmed)



Professor Christopher Nolan Head, Diabetes Research Laboratory Staff Specialist, The Canberra Hospital

The John Curtin School of Medical Research Australian National University Australia

(confirmed)



Professor Abdul Basit Director, Indus Diabetes and Endocrinology Center (IDEC).

Indus Hospital and Health Network (IHHN) Karachi

Pakistan. (confirmed)

The International Faculty is complemented by more than 30 local experts in diabetes and related fields

*Subject to change

INVITED LOCAL SPEAKERS AND CHAIRPERSONS

Endocrinology

- 1. Emeritus Professor Dato' Ikram Shah Ismail, MAHSA University
- 2. Professor Dato' Anuar Zaini Md Zain, Monash University Malaysia
- 3. Professor Dato' Mafauzy Mohamed, Universiti Sains Malaysia Hospital
- 4. Professor G.R Letchuman, Monash University Malaysia
- 5. Professor Lim Lee Ling, University Malaya Medical Centre
- 6. Professor Norlaila Mustafa, Hospital Canselor Tuanku Muhriz UKM
- 7. Associate Professor Jeyakantha Ratnasingam, University Malaya Medical Centre
- 8. Associate Professor Norasyikin A. Wahab, Hospital Canselor Tuanku Muhriz UKM
- 9. Associate Professor Wan Mohd Izani Wan Mohamed, Universiti Sains Malaysia Hospital
- 10.Datuk Dr. Badrulnizam Long Bidin, Prince Court Medical Centre
- 11. Datuk Dr. Zanariah Hussein, Putrajaya Hospital
- 12.Dr. Ng Ooi Chuan, Universiti Putra Malaysia
- 13.Dr. Vijay Ananda Paramasvaran, Pantai Hospital Kuala Lumpur

Primary Care Physician

14.Associate Professor Saharuddin Ahmad, Hospital Canselor Tuanku Muhriz UKM

Pharmacist

15.Dr. Navin Kumar Loganadan, Hospital Putrajaya

Paediatric Endocrinology

- 16.Professor Muhammad Yazid Jalaludin, University Malaya Medical Centre
- 17.Professor Noor Shafina Mohd Nor, Universiti Teknologi Mara
- 18. Associate Professor Azriyanti Anuar Zaini, University Malaya Medical Centre
- 19.Dr. Ch'ng Tong Wooi, Sunway Medical Centre
- 20.Dr. Janet Hong Yeow Hua, Putrajaya Hospital

Obstetrics and Gynaecology

21.Associate Professor Rahana Abd Rahman, Hospital Canselor Tuanku Muhriz UKM

Cardiology

- 22.Professor Abdul Rashid Abdul Rahman, An Nur Specialist Hospital
- 23.Dato' Sri Dr. Azhari Rosman, National Heart Institute
- 24.Dato' Dr. David Chew Soon Ping, Cardiac Vascular Sentral Kuala Lumpur

Nephrology

- 25.Professor Goh Bak Leong, Hospital Sultan Idris Shah Serdana
- 26.Associate Professor Rozita Mohd, Hospital Canselor Tuanku Muhriz UKM

Ophthalmology

27.Professor Tajunisah Begam Mohamed Iqbal, University Malaya Medical Centre

*Subject to confirmation

Conference Outline?

| | 2 Octo | ber 2025 | 3 October 2025 | | | 25 | 4 October 2025 | | | | | | |
|---|--|--|--|---------------|--|---|---|---|--|--|--|--|--|
| | THU | FRIDAY | | | | SATURDAY | | | | | | | |
| | (0700 REGIS | (0800 -0900) Breakfast Symposium 1 [Sponsored by Hovid Pharmacy] | | | | (0730 -0815) Breakfast Symposium 2 [Slot for Sponsor] | | | | | | | |
| | (0815 Ple | (0900-0945) Special Lecture 2 [Slot for Sponsor] | | | | (0815-0900) Plenary 4 | | | | | | | |
| | (0900 Special [Sponsored by Bo | | | | sor] | (0900-0945) Plenary 5 | | | | | | | |
| | | BREAK (0945-1015) | | | | | | | | | | | |
| | (1015 | 5 - 1215) | (1015 - 1215) | | | | (1015 - 1215) | | | | | | |
| | Main Symposium 1A | Main Symposium 1B [Sponsoredby Procter & Gamble] | Main Symposium 2A | | Main Symposium 2B [Slot for Sponsor] | | Main Symposium 4A | Main Symposium4B | | | | | |
| | (121 | 5-1315) | (1215-1315) | | | | (1215-1315) | | | | | | |
| | Lunch Symposium 1 [Sponsored by Taisho Pharmaceutical] | | Friday Prayers Symposiur [Slot for Spo | | m 2A onsor] | Lunch Symposium 2B [Slot for Sponsor] | Lunch Symposium 3A [Slot for Sponsor] | Lunch Symposium 3B [Slot for Sponsor] | | | | | |
| ı | LUN (1315 - | | LUNCH (1315 - 1415) | | LUNCH (1315 - 1415) | | | | | | | | |
| | (1415 - | (1415 - 1545) | | (1415 - 1545) | | | (1415 - 1545) | | | | | | |
| | Experts' Cas | Experts' Case Discussion | | Main | | | Main Symposium 5A | Main Symposium 5B | | | | | |
| | 1 | 1 2 | | | | Main ymposium 3B | | | | | | | |
| | Free Paper 1 (ORAL) | Presentations 2 (POSTER) | Symposium 3A | | [Slot for Sponsor] | | | | | | | | |
| | BREAK (1545 - 1615) | | | | | | | | | | | | |
| | (1615 Ple | (1615 - 1700) Plenary 3 | | | | (1615 - 1700) Plenary 6 | | | | | | | |
| | (1700 | (1700 - 1745) | | | | (1700 - 1745) | | | | | | | |
| | Meet the Meet the Professor 1A Professor 1B | | Meet the Professor 2A | | Meet the Professor 2B | | Free Paper Presentation Awarding Ceremony & Lucky Draws | | | | | | |
| | (1745 Dinner S [Slot fo | (1745 - 1845) Dinner Symposium 2 [Slot for Sponsor] | | | um 2 | (1745) End of Conference | | | | | | | |

*Subject to change

SCIENTIFIC PROGRAMME*

International speakers will be delivering lectures IN-PERSON on subjects of current interest relevant to diabetes care during Plenary and Symposium Sessions. They may also be the resource persons for Meet-the Professor Sessions. Local experts will participate in-person in symposiums and case discussion sessions

Plenary Topics:

- 1. MASLD in Diabetics: Clinical implications and Prevention
- 2. Applying International Best-practice Guidelines for People in Developing Countries: The Ideal and The Practical.
- 3. Cardio-Renal-Metabolic (CRM) Disease: Implications in Management
- 4. Predicting and Preventing Diabetes Complications
- 5. Personalised Medicine for T2DM: What is Doable Currently to Improve Care
- 6. Prevention or Delay of Diabetes Clinical Challenges

Symposium Themes/Topics Include:

MAIN SYMPOSIUM 1A

THEME: ADVANCES IN DIABETES MANAGEMENT

Topics:

- 1. The Many Drugs for Diabetes: Navigating which Drug(s) for Whom.
- 2. Strategies in Achieving Diabetes Remission
- 3. Newer Diabetes Drugs in the Pipeline

MAIN SYMPOSIUM 2A

THEME: ADVANCES IN MANAGING COMORBIDITIES OF DIABETES

Topics:

- 1. Current BP Targets and Medications for Diabetics
- 2. Obesity and Diabetes: Advances in Management
- 3. An Update on LDL-C: Targets and Strategies

MAIN SYMPOSIUM 3A

THEME: NEW APPROACH IN THE MANAGEMENT OF MICROVASCULAR COMPLICATIONS

Topics:

- 1. Early Detection and Management of Proliferative Diabetic Retinopathy and Maculopathy
- 2. Advances in Clinical Management of Diabetic Nephropathy: from Microalbuminuric to End-stage Renal Failure
- 3. New Approaches in The Management of Diabetic Peripheral Neuropathy with Emphasis on Painful Neuropathy

MAIN SYMPOSIUM 4A

THEME: TYPE 1 DIABETES IN CHILDREN & ADOLESCENTS

Topics:

- 1. Prevention of T1DM: Current Status
- 2. Challenges in Managing Adolescent TIDM
- 3. Wearable Devices for Continuous Glucose Delivery and Monitoring

MAIN SYMPOSIUM 4B

THEME: IMPUT FROM HEALTHCARE PROFESSIONALS

Topics:

- Overcoming Challenges in Managing Diabetes at Primary Care
- 2. Handling Medication Non-Adherent Patients using Motivational Interviewing Approach
- 3. The Many Types of Fasting and Their Effects on Diabetes Control

MAIN SYMPOSIUM 5A

THEME: MANAGING DIABETES IN SPECIAL GROUPS

Topics:

- Challenges in Managing Diabetes in Pregnancy in Primary Care Setting
- 2. Pre-diabetes: Significance and Targets in Management
- 3. Overcoming Polypharmacy in Elderly Diabetics: A Serious, Often Overlooked Problem.

MAIN SYMPOSIUM 5B THEME: DIABETES AND THE HEART

Topics:

- 1. Early Detection of Cardiac Complications of Diabetes Relevant to GP Practice
- 2. Established and New Markers of Risk to Heart Disease in Diabetics
- 3. The Failing Heart in Diabetes: Mechanisms and Management

Experts' Case Discussions:

- 1. Type 2 DM with Marco- and Micro-Vascular Complications
- 2. Type 1 DM with Frequent DKA

Sponsored Sessions:

- 1. Boehringer Ingelheim (Malaysia) Sdn. Bhd.
- 2. Taisho Pharmaceutical
- 3. Procter & Gamble (M) Sdn. Bhd.
- 4. Hovid Pharmacy Sdn. Bhd.

Meet-The-Professors:

- 1. Current Management of T2DM
 - Professor Elizabeth Paz Pacheco, PHILIPPINES
- 2. Diabetes in Pregnancy with Emphasis on Pre-pregnancy Management
 - Professor Richard IG Holt, UNITED KINGDOM
- 3. Diabetes in the Elderly
 - Professor Abdul Basit, PAKISTAN
- **4. Do We Now Have the Tools to Manage Diabesity?** Professor Christopher Nolan, *AUSTRALIA*

*Subject to change

Registration & Fees

Registration form is enclosed with this FINAL ANNOUNCEMENT. Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Diabetes Asia 2025' Conference by mail or fax.

Registration fee covers admission to all NADI 'Diabetes Asia 2025' Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (Subsidised Rates)

International Delegates

| Registration | Conference Fee* | Please Tick | Registration | Conference Fee | Please Tick |
|--|--------------------|----------------|--|-------------------|----------------|
| EARLY BIRD REGISTRATION (before September 1, 2025) | RM880 | | EARLY BIRD REGISTRATION (before September 1, 2025) | USD450 | |
| AFTER September 1, 2025 | RM980 | | AFTER September 1, 2025 | USD550 | |

^{*} Subsidised rates

Please register early to enjoy "Early Bird" discount for registration.

For ONLINE REGISTRATION & PAYMENT DETAILS, please visit Registration fee should be made payable to: National Diabetes www.nadidiabetes.com.my

Institute. Please refer to the instruction on payment.

Accommodations

Special room rates have been arranged for the conference participants from October 2 - 4, 2025 at the following hotels:

- Royale Chulan Kuala Lumpur (Conference Venue)
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Grand Millenium Hotel Kuala Lumpur
- **Dorsett Kuala Lumpur**
- Hotel Royal Kuala Lumpur

Disclaimer: The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

Please specify that you wish to book as a participant of the National Diabetes Institute 'Diabetes Asia 2025' Conference in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

For further Information and Updates regarding the 'Diabetes Asia 2025' Conference (DAC 2025), please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Haira / Ms. Athirah)

National Diabetes Institute (NADI)

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About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a non-profit, Non-Governmental Organisation (NGO) managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle



NADI Office:

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