

II PCOS CONGRESS

ABU DHABI - UAE



NOV 23-24, 2026



Sessions

PCOS and Fertility
PCOS and Women Health
PCOS: Nutrition Strategy and Diet
Immunological Approaches of fertility
Reproductive and Metabolic Disorders
Gynecological Endocrine Disorders in PCOS
Complications during Pregnancy
Bariatric Surgery in PCOS
PCOS and Stem Cell Treatment
Epidemiology and Pathophysiology
Advanced Research in PCOS Treatment

Target Audience

Obstetrician and Gynecologists
Diabeteologists and Endocrinologists
Andrologists and Embryologists
Nutritionist and Dietician
Gynecological Pathologists and Oncologists
IVF Professionals
Endoscopic and Laparoscopic Surgeons (Obs & Gyn)
Physicians and Physician Assistants
Registered Nurses and Nurse Practitioners
Internists and Residents



GLOBAL CONFERENCE AWARDS 2026

Recognizing outstanding presentations in the field of clinical, medical and engineering areas. Explore prestigious awards and celebrate outstanding presenters with us.



Best Presentation Award - 2

Awarded to the most outstanding presentation of the entire conference under oral talk category

01



Best Young Researcher Award - 2

Most outstanding oral presentation presented by a participant who has registered as a researcher, intern or student

02



Students Best Innovative Research Award - 1

Awarded to the most innovative research idea presenter under Young Researcher and Poster category

03



Best Poster Awards - 2

Award is dedicated to the poster presenters selected among all the posters in the session.

04

CRITERIA FOR AWARDS SELECTION

IN-PERSON & VIRTUAL



**Content of the
presentation**

1

2

**Clarity & flow of
the Presentation**

**Novelty / ideas
to the field**

3

4

**Design & Overall
Visual Appeal**

**Engagement &
Interaction**

5

For more details Email us at: info@plenareno.net

Exhibiting & Sponsorship Packages

Premium Sponsor

\$1,699

- Complementary Passes - 3
- Exhibit booth space - 9x9 sq mt.
- Company logo and name: website, program booklet, event signage
- Insert(s) in delegate materials - brochures, flyers, promotional items
- A dedicated slot for a keynote / workshop / product demonstration (30-60 mins)
- Listed as "Exclusive Sponsor" in opening remarks, banners
- 1-1 Exclusive networking

Mid-Tier Sponsor + Exhibitor

\$1,199

- Complementary Passes - 2
- Exhibit booth space - 3x3 sq mt.
- Company logo and name: website, program booklet, event signage
- Insert in delegate materials - brochures, flyers, promotional items (upto 5 pages)
- Option for a short presentation / talk slot / product demonstration (15-20 mins)

Exhibitor

\$799

- Complementary Passes - 1
- Exhibit booth space - 3x3 sq mt.
- Company logo and name: website, program booklet, event signage
- Insert / flyer / brochure placement in delegate bags (1 Page)

Add-On Options

\$399

- Sponsor a coffee break, lunch, dinner, or networking event / social hour.
- Sponsor delegate bags, lanyards, ID cards, conference merchandise.
- Sponsor a conference session, workshop, panel
- Logo on the conference homepage, all banners, registration forms, delegate bags, program booklet and any digital/social media marketing



REMINISCENCE OF PCOS

PCOS

DAY 1

OPENING CEREMONY

KEYNOTE TALK

ARTHUR CLEMENT

CEO, LABORATOIRE CLEMENT, FRANCE

**MTHFR GENE DISTRIBUTION AMONG AN INFERTILE
POPULATION OF MORE THAN 8000 PATIENTS:
ITS IMPACT ON INFERTILITY AND OTHER SYSTEMS**



09:30 - 10:15

REFRESHMENTS BREAK

SPECIAL SESSION

ROUBA CHALABI

Breathworker, Food Addiction Counselor and Author

**TRANSFORMING OBESITY TREATMENT: TEACHING OVEREATERS TO
BEFRIEND THEIR BODIES**

10:30 - 11:15

ORAL SESSION

SOWMYA KIRAN RAO

Manipal Academy of Higher Education, UAE

**MAPPING THE PATH OF HEALTHY LIVING THROUGH NUTRITION AWARENESS
PROGRAMS ON PCOS AND ITS MANAGEMENT IN UNIVERSITY CAMPUS**

11:15 - 11:35

PCOS

DAY 1

MUHAMMAD IMRAN BUTT

*King Faisal Specialist Hospital & Research Centre
Saudi Arabia*

11:35 - 11:55

**EMPAGLIFLOZIN USE IN CARDIAC TRANSPLANT PATIENTS: REAL WORLD
EXPERIENCE FROM SAUDI ARABIA**

ELISSA ABI NAKHOUL

HMS Al Garhoud Hospital, UAE

11:55 - 12:15

DIETARY APPROACHES TO CARDIOVASCULAR DISEASE PREVENTION

MELANIE DSOUZE

Aster Hospitals, UAE

12:15 - 12:35

DIET FOR GDM IN PREGNANCY

FARIZ NURUL HUDA

Gadjah Mada University/ Dr. Sardjito Hospital, Indonesia

12:35 - 12:55

**RISK FACTORS FOR MORTALITY AMONG PATIENTS WITH DIABETIC FOOT
INFECTIONS AT INPATIENT UNIT OF RSUP DR. SARDJITO YOGYAKARTA**

LUNCH BREAK

MILAD MANSOORI

Clinical Dietitian, UAE

13:45 - 14:05

**GENETIC MARKERS FOR TYPE 2 DIABETES: PERSONALIZED NUTRITION FOR
PREVENTION AND MANAGEMENT**

LULWA AL-ABDULLAH

Dasman Diabetes Institute, Kuwait

14:05 - 14:25

**THE ROLE OF IMMUNE INDICATORS IN COGNITIVE FUNCTION AMONG T1D
PATIENTS: A NESTED ANALYSIS OF THE REVADIAB STUDY**

ANWAR KANDARI

Dasman Diabetes Institute, Kuwait

14:25 - 14:45

**CHRONIC AND ACUTE EXPOSURE TO HIGH GLUCOSE AND HIGH
PALMITATE IN THP-1 CELLS: EFFECTS OF SCFA TREATMENTS**

KOSIMOV OTABEK ULUGBEKOVICH

Medical Institute Moscow, Russia

14:45 - 15:05

**FLASH GLUCOSE MONITORING IN OBESE PATIENTS USING THE
MEDITERRANEAN DIET**

NEVEEN SHALALFA

Palestine Polytechnic University, Palestine

15:05 - 15:25

**DIABETIC PATIENTS IN PALESTINE EXPERIENCED DEPRESSION AND
DISTRESS DURING THE WAR**

RAFFAELE PILLA

St. John of God Hospital - Fatebenefratelli, Italy

15:25 - 15:45

**THERAPEUTIC KETOSIS AND THE BROAD FIELD OF APPLICATIONS FOR THE
KETOGENIC DIET: KETONE ESTER APPLICATIONS & CLINICAL UPDATES**

REFRESHMENTS BREAK

CLOSING OF DAY 1

KEYNOTE TALK

MOHAMMAD KAMIL

LOTUS HOLISTIC HEALTH INSTITUTE, UAE

**DIABETES HERBAL MEDICINES AND DIETARY
SUPPLEMENTS - ADULTERATION AND
HEALTH RELATED RISKS**



09:30 - 10:15

REFRESHMENTS BREAK

ARTHUR CLEMENT

CEO, LABORATOIRE CLEMENT, FRANCE

**IMPACT OF THE MAKE FACTOR ON RECURRENT
IMPLANTATION FAILURE**



10:30 - 11:15

ORAL SESSION

ARWA LEELAWALLA

Gulf Medical University, Thumbay University Hospital, UAE

**MATERNAL AGE AND BIRTH OUTCOMES: A STUDY IN AJMAN, UNITED ARAB
EMIRATES**

11:15 - 11:40

WANIA MOHAMMAD AKRAM

Gulf Medical University, UAE

**ECTOPIC PREGNANCY: A CASE OF CONSECUTIVE OCCURRENCES OF
DIFFERENT TYPES**

11:40 - 12:00

LUNCH BREAK





ATTRACTIONS

- Sheikh Zayed Grand Mosque
- Louvre Abu Dhabi
- Qasr Al Hosn
- Ferrari World Abu Dhabi
- Yas Island
- Abu Dhabi Corniche
- Heritage Village
- Mangrove National Park
- Wahat Al Karama
- The Founder's Memorial



JOIN US AT PCOS CONGRESS



CONTACT US

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