

# FINAL ANNOUNCEMENT

23<sup>rd</sup> Continuing Professional Development (CPD) Series

Organised by:



THE BRANDLAUREATE  
CSR AWARDS 2018  
NATIONAL DIABETES  
INSTITUTE



THE BRANDLAUREATE  
CSR BRANDLEADERSHIP  
AWARDS 2018  
PROF. MUSTAFFA EMBONG

Endorsed by:



## CLINIC DIABETES: LEARNING FROM KOLS (CDC 2026)



**23**

THURSDAY

**24**

FRIDAY

**25**

SATURDAY

**APRIL, 2026**



Grand Mercure Kuala Lumpur Bukit Bintang  
117 Jalan Pudu, Bukit Bintang,  
55100 Kuala Lumpur

Grab your  
opportunity  
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prizes in  
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SECRETARIAT  
CLINIC DIABETES (CDC 2026)  
NATIONAL DIABETES INSTITUTE

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# CLINIC DIABETES COURSE

Clinic Diabetes is an interactive Course to be conducted by **Key Opinion Leaders (KOLs)** in the respective fields. It will be based on discussion of relevant clinical cases to define best option in the management of diabetes, associated diseases and complications.

The Course would be of interest to Healthcare Professionals involved in managing diabetes, its complications, and associated diseases.

## FORMAT OF CLINIC DIABETES

The Course is divided into Sessions. Each session shall start with short presentation to highlight specific feature and significance of a condition followed by presentation of 1-2 relevant cases for discussion by a Panel of KOLs in the specific field(s) of interest.

### EIGHT SESSIONS ARE PLANNED\*

#1 Management of T2DM

#2 Obesity and Metabolic Syndrome

#3 Depression and Diabetes

#4 Diabetes and the Heart

#5 T1DM and Associated Problems

#6 Diabetes in Pregnancy

#7 Diabetes and the Kidney

#8 Diabetes in Special Populations

*\*Subject to Change*

## AUDIENCE PARTICIPATION

The audience is expected to participate in the discussion by asking questions and providing opinions orally or via Slido.

### Objective of the Course

At the end of the Course, Participants are expected to

- Understand indication for use of established and newer antidiabetic agents, both oral and injectables
- Be familiar with management of common types of diabetes and associated diseases
- Appreciate use of newer diabetic medications with non-glycaemic activities
- Be able to apply knowledge gained during the Course to better manage patients with diabetes

**Certificate of Attendance  
for all Delegates**



**Will be Applied !**

### Benefits of the Course for Participants

- Receive certificate of Attendance
- A chance to interact with experts in the management of diabetes and associated diseases
- Be familiar with anti-diabetic drugs and their use
- Learn management of diabetes and associated conditions
- Chance to win cash prizes, hampers and vouchers @ Lucky Draws
- CPD Points shall be applied

### Cash Prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Course. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

*To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and tabletops to receive their respective chops as proof of attendance.*



## CLINIC DIABETES COURSE ATTENDANCE

This Clinic Diabetes Course is opened to all healthcare professionals involved in the management of persons with diabetes and associated conditions including Medical and Surgical Specialists, Medical and Health Officers, Pharmacists, Diabetes Educators, Medical Assistants, General Practitioners, Trainee Lecturers, Nursing Practitioners, Dietitians/Nutritionists



## ORGANISING COMMITTEE

### Patron

YABhg. Tun Dr. Mahathir Mohamad

### Advisor

Emeritus Professor Dato' Mustaffa Embong  
Professor Dato' Anuar Zaini Md. Zain

### Chairman

Professor Norlaila Mustafa

### Secretary

Dato' Dr. Nor 'Aini Abu Bakar

### Treasurer

Ms. Rosmawati Yusoff

## SUB COMMITTEES

### Scientific Committee

Professor Norlaila Mustafa (Chairman)  
Professor Dato' Mafauzy Mohamed  
Professor G.R. Letchuman  
Associate Professor Wan Mohd Izani  
Wan Mohamed  
Dr. Ng Ooi Chuan

### Sabah & Sarawak Representative

Dr. William Voon Yu Huat

### Fund Raising & Exhibition

Ms. Rosmawati Yusoff

### Audiovisual

Signature Production

### Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)  
Ms. Nurulhuda Athirah Hadri

### International Advisory Board

Emeritus Professor Augusto D. Litonjua, Philippines  
Emeritus Professor Clive S. Cockram, Hong Kong  
Emeritus Professor Morsi Arab, Egypt  
Emeritus Professor Philip Home, United Kingdom  
Emeritus Professor Thep Himathongkam, Thailand

Professor Eberhard Standl, Germany  
Professor Harold E. Lebovitz, USA  
Professor Luc Van Gaal, Belgium  
Professor Timothy Davis, Australia  
Professor Xu Zhang Rong, China

## INVITED KOLS\*

Local Experts in Diabetes and Key Opinion Leader (KOLs) in related disciplines have been invited for the Course, including:

### Endocrinology

1. Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
2. Emeritus Professor Dato' Ikram Shah Ismail, *MAHSA University*
3. Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*
4. Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
5. Professor G.R. Letchuman, *Monash University Malaysia*
6. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
7. Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*
8. Associate Professor Wan Mohd Izani Wan Mohamed, *Hospital Universiti Sains Malaysia*
9. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
10. Datuk Dr. Zanariah Hussein, *Hospital Putrajaya*
11. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

### Pediatric Endocrinology

12. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
13. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*
14. Dr. Joyce Hong Soo Synn, *Universiti Kebangsaan Malaysia*
15. Dr. Nalini M Selveindran, *Hospital Putrajaya*

### Cardiology

16. Professor Imran Zainal Abidin, *University Malaya Medical Centre*
17. Dr. Hafidz Abd Hadi, *National Heart Institute*

### Nephrology

18. Professor Lim Soo Kun, *University Malaya Medical Centre*
19. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*

### Obstetric and Gynaecology

20. Professor Dato' N. Sivalingam, *IMU University*
21. Dr. Nurul Iftida Basri, *Universiti Putra Malaysia*

### Primary Care Physician

22. Professor Anis Safura Ramli, *Universiti Teknologi MARA*
23. Associate Professor Saharuddin Ahmad, *Hospital Canselor Tuanku Muhriz UKM*
24. Dr. Chow Suet Yin, *IMU University*
25. Dr. Firdaus Ahmad, *Klinik Kesihatan Bandar Tun Hussein Onn*
26. Dr. Wong Ping Foo, *Klinik Kesihatan Cheras Baru*

### Geriatrician & Gerontologist

27. Dr. Alan Ch'ng, *Hospital Selangor*
28. Dr. Hazlina Mahadzir, *Hospital Canselor Tuanku Muhriz UKM*

### Psychiatry

29. Dr. Hariyati Shahrima Abdul Majid, *IJN University College*

### Dietitian/ Nutritionist

30. Professor Winnee Chee Siew Swee, *IMU University*
31. Associate Professor Zulfritri 'Azuan Mat Daud, *Universiti Putra Malaysia*
32. Dr. Lee Ching Li, *IMU University*
33. Dr. Rokiah Ismail, *University Malaya Medical Centre*

### Pharmacist

34. Dr. Navin Kumar Loganadan, *Hospital Putrajaya*

### Diabetes Educator

35. Ms. Nurul Huda Mah Hussin, *University Malaya Medical Centre*

\*Subject to confirmation

## COURSE OUTLINE\*

23 APRIL 2026	24 APRIL 2026		25 APRIL 2026
THURSDAY	FRIDAY		SATURDAY
(0700 - 0825) REGISTRATION	(0745 - 0830) Breakfast Symposium 1 {Slot for Sponsor}		(0745 - 0830) Breakfast Symposium 2 {Slot for Sponsor}
(0825 - 0830) BRIEFING OF CDC 2026	(0830 - 1000) SESSION #4 {Diabetes and the Heart}		(0830 - 1000) SESSION #7 {Diabetes and the Kidney}
(0830 - 1000) SESSION #1 {Management of T2DM}			
BREAK & BOOTHS VISIT (1000 - 1030)			
(1030 - 1200) SESSION #2 {Obesity and Metabolic Syndrome}	(1030 - 1200) SESSION #5 {T1DM and Associated Problems}		(1030 - 1200) SESSION #8 {Diabetes in Special Populations}
(1200 - 1300) LUNCH SYMPOSIUM 1 {Slot for Sponsor}	(1200 - 1300) LUNCH SYMPOSIUM 2 {Slot for Sponsor}		(1200 - 1300) LUNCH SYMPOSIUM 3 {Slot for Sponsor}
LUNCH (1300 - 1400)	FRIDAY PRAYERS	LUNCH (1300 - 1400)	(1300 - 1330) Lucky Draws & Closing Ceremony
(1400 - 1530) SESSION #3 {Depression and Diabetes}	(1400 - 1530) SESSION #6 {Diabetes in Pregnancy}		
(1530 - 1615) [CLEARING DOUBTS 1: Diabetes and Comorbidities]	(1530 - 1615) [CLEARING DOUBTS 2: Managing Diabetes Complications]		LUNCH (1330 - 1430)
(1615 - 1700) HIGH TEA Session 1 {Slot for Sponsor}	(1615 - 1700) HIGH TEA Session 2 {Slot for Sponsor}		(1430) End of Course
BREAK & BOOTHS VISIT (1700 - 1730)			

\*Subject to change  
\*\* Slots available for Sponsors

## COURSE DETAILS\*

DAY 1 - April 23, 2026 (Thursday)	
0700 - 0825	REGISTRATION
0825 - 0830	<b>Briefing of Course</b>
0830 - 1000	<b>Session # 1: Management of T2DM</b> (90 min) <b>Lecture: Pharmacotherapy of T2DM</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #1: A 30-Year-Old Housewife with Uncontrolled Diabetes</b> <b>Case #2: Uncontrolled T2DM Following a Pancreatectomy</b>
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	<b>Session # 2 : Obesity and Metabolic Syndrome</b> (90 min) <b>Lecture: Lifestyle Intervention as Primary Intervention</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #3: A 26-Year-Old Woman with Obesity and Newly Diagnosed Diabetes</b> <b>Case #4: A 54-Year-Old Man with Dyslipidaemia Not Reaching Targets Despite on High Dose Statin</b>
1200 - 1300	<b>LUNCH SYMPOSIUM 1 - Slot for Sponsor</b> (60 min)
1300 - 1400	LUNCH

## COURSE DETAILS\* Continued

1400 - 1530	<b>Session # 3 : Depression and Diabetes</b> (90 min) <b>Lecture: Diabetes Distress: Prevalence and Impact</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #5: A 35-Year-Old T1 Diabetic Who Stopped Glucose Monitoring</b> <b>Case #6: Mrs. AR, Diabetic for 10 Years and Feeling Overwhelmed with Trying to Manage Her Diabetes</b>
1530 - 1615	<b>Clearing Doubts 1: Diabetes and Comorbidities</b> (45 min)
1615 - 1700	<b>HIGH TEA SESSION 1 - Slot for Sponsor</b> (45min)
1700	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1730	<b>END OF DAY 1</b>

## DAY 2 - April 24, 2026 (Friday)

0730 - 0830	<b>BREAKFAST SYMPOSIUM 1 - Slot for Sponsor</b> (60 min)
0830 - 1000	<b>Session # 4: Diabetes and the Heart</b> (90 min) <b>Lecture: Cardiovascular Risk in Diabetes</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #7: Mr MH, Having Reccurent Heart Failure and Taking High Dose of Insulin</b> <b>Case #8: A 50-Year-Old man with Uncontrolled Hypertension</b>
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	<b>Session # 5 : T1DM and Associated Problems</b> (90 min) <b>Lecture: T1 Diabetes with Metabolic Syndrome</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #9: A 17-Year Old T1 Diabetic Requiring High Doses of Insulin</b> <b>Case #10: A Long-Standing T1D with Frequent Hypoglycaemia</b>
1200 - 1300	<b>LUNCH SYMPOSIUM 2 - Slot for Sponsor</b> (60 min)
1300 - 1400	LUNCH
1400 - 1530	<b>Session # 6 : Diabetes in Pregnancy</b> (90 min) <b>Lecture: Gestational Diabetes: Diagnostic Criteria and Glycaemic Target</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #11: Mrs HA, 36-Year-Old G2P1 at 25-week POA with Glycated Haemoglobin of 7.3%</b> <b>Case #12: A 48-Year-Old G5P2 T2 Diabetic with Unplanned Pregnancy at 14-Week Gestation</b>
1530 - 1615	<b>Clearing Doubts 2: Managing Diabetic Complications</b> (45 min)
1615 - 1700	<b>HIGH TEA SESSION 2 - Slot for Sponsor</b> (45min)
1700	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1730	<b>END OF DAY 2</b>

## DAY 3 - April 25, 2026 (Saturday)

0730 - 0830	<b>BREAKFAST SYMPOSIUM 2 - Slot for Sponsor</b> (60 min)
0830 - 1000	<b>Session # 7 : Diabetes and the Kidney</b> (90 min) <b>Lecture: Chronic Kidney Disease: A Clinical Practice Guideline</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #13: A 30-Year-Old Man with Good Glycaemic Control but Persistent Heavy Proteinuria</b> <b>Case #14: Long-Standing T2 Diabetic with DKD Stage 3B</b>
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	<b>Session # 8 : Diabetes in Special Populations</b> (90 min) <b>Lecture: Managing Diabetes in the Elderly</b> (25 min) <b>Case Discussion</b> (10 min presentation + 20 min discussion for each case) <b>Case #15: A 76-Year-Old Man with Reccurent Hypoglycaemia</b> <b>Case #16: A 65-Year Old Diabetic with Multiple Comorbidities</b>
1200 - 1300	<b>LUNCH SYMPOSIUM 3 -Slot for Sponsor</b> (60 min)
1300 - 1330	<b>LUCKY DRAWS &amp; CLOSING CEREMONY</b>
1330 - 1430	LUNCH
1430	<b>END OF CLINIC DIABETES COURSE 2026</b>

*\*Subject to change*

## REGISTRATION & FEES

Registration form is enclosed with this **FINAL COURSE ANNOUNCEMENT**.

Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Clinic Diabetes Course 2026' by mail or fax.

Registration fee covers admission to all NADI 'Clinic Diabetes Course 2026' sessions and trade exhibition, bag, identification tag and printed materials, lunches and tea/coffee breaks. The fees are as follows:

### Local Delegates ( \*Subsidised Rates )

Registration	Course Fee*	Please Tick
Early Bird Registration (Before March 15, 2026)	RM 850	
After March 15, 2026	RM 950	

### International Delegates

Registration	Course Fee	Please Tick
Early Bird Registration (Before March 15, 2026)	USD 380	
After March 15, 2026	USD 480	

*Please register early to enjoy "Early Bird" discount for registration.*

For ONLINE REGISTRATION & PAYMENT DETAILS,  
please visit [www.nadidiabetes.com.my](http://www.nadidiabetes.com.my)

Registration fee should be made payable to:  
**NATIONAL DIABETES INSTITUTE**  
Please refer to the instruction on payment.

## ACCOMMODATION

Special room rates have been arranged for the course participants from **April 23-25, 2026** at the following hotels:

- Grand Mercure Kuala Lumpur Bukit Bintang (Course Venue)
- Melia Kuala Lumpur
- CitizenM Kuala Lumpur Bukit Bintang
- Ancasa Hotel Kuala Lumpur
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Berjaya Times Square Hotel, Kuala Lumpur
- Ibis Style Kuala Lumpur Bukit Bintang

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

**Please specify that you wish to book as a participant of the National Diabetes Institute 'Clinic Diabetes Course 2026' in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.**

### Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further information and updates regarding the 'Clinic Diabetes Course 2026', please contact:

**The Secretariat** (Attention: Ms. Rosmawati / Ms. Athirah)

**National Diabetes Institute (NADI)**

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Email: [enquiry@nadidiabetes.com.my](mailto:enquiry@nadidiabetes.com.my) OR Visit our website: [www.nadidiabetes.com.my](http://www.nadidiabetes.com.my)

### About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation(NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

### The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle