



ORGANIZED BY



8th INTERNATIONAL
HEADACHE
SYMPOSIUM



30th October – 31th October – 1 November 2026

Anantara Downtown Dubai Hotel

SCIENTIFIC AGENDA



Welcoming and Recognition

Moderators



Dr. Rami Al Shihabi &



Ms. Rashika Singh

15:00 - 15:25

Understanding Delayed Dementia Diagnosis in the UAE



Prof. Syed Javaid

15:25 - 15:50

Update on New Diagnostics and Treatments in Dementia



Dr. Mohammad Saidam

15:50 - 16:05

Q&A

Trophy Distribution

16:05 - 16:25

Satellite Symposium

16:25 - 16:35

Q&A

16:35 - 16:55

Coffee Break

Moderators



Dr. Sherif Hassan &



Ms. Yin Ying Ten

16:55 - 17:20

Carers Challenges: The MDT Approach



Ms. Michaela McGilloway &



Dr. Maie Ramzy

17:20 - 17:45

Delirium vs Dementia in Acute Settings



Dr. Ross Dunne

17:45 - 18:10

Medico-Legal Aspects of Dementia Care: What every clinician should know about capacity and guardianship court orders



Dr. Yasser Abdelmageed

18:10 - 18:25

Q&A

Trophy Distribution

Closing

Day 1

31th OCT 2026

Mirage Ballroom



8th INTERNATIONAL
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SYMPOSIUM



Welcome and Registration

09:00 - 09:10

Opening Remarks



Mrs. Carine El Khazen

Reward, Control, and Compulsion: The Neural Circuitry of Neuropsychiatric Disorders Disorder

Moderators



Dr. Noha Shalaby &



Dr. Salwa Alhosani

09:15 - 09:40

Beyond Impulsivity: ADHD, Binge Eating Disorder, and Implications for Multidisciplinary Treatment



Mrs. Hala Abu Taha

09:40 - 10:05

When Treatment Backfires: Is Dopamine Driving Compulsive Disorder in PD?



Dr. Shivam Om Mittal

10:05 - 10:30

Obsessive-Compulsive Disorder: From Neural Circuits to Treatment



Prof. Elias Chedid

10:30 - 10:45

Q&A

Trophy Distribution

Inflammation, Hormones, and Malnutrition

Moderators



Dr. Alaa Haweel &



Mrs. Ghena Yaacoub

10:45 - 11:10

Metabolic Stress, Weight Loss, and Neuroinflammation Across Psychiatric Illness



Dr. Rami Bou Khalil

11:10 - 11:35

"Who Am I?" An Inspiring Recovery Journey



Mrs. Sahira Dharamshi

11:35 - 11:45

Q&A

Trophy Distribution

11:45 - 12:00

Break

Moderator



Dr. Salwa Alhosani

12:00 - 12:35

Keynote Talk: Hormonal Fluctuations, Migraine, and Eating Patterns: A Shared Neuroendocrine Pathway



Dr. Antoinette Maassen
van den Brink

Trophy Distribution

12:35 - 12:45

Opening Ceremony



Dr. Taoufik Alsaadi



United Arab Emirates National Anthem

31th OCT 2026

12:45 - 13:10 Satellite Symposium - Abbvie

13:10 - 13:35 Satellite Symposium - City Pharmacy

13:40 - 14:40 Lunch

Bridging Metabolism, Mood, and the Migraine Brain

Moderators



Dr. Tarek Shahrour &



Dr. Sawsan Moghazy

14:40 - 15:05 The Gut- Brain Axis in Neurological Disorders

TBD

15:05 - 15:30 GLP-1 Agonist for Eating Behavior and Weight



Dr. Carole Chidiac

15:30 - 15:55 Obesity, Neuroinflammation and Migraine



Prof. Christian Lampl

15:55 - 16:10 Q&A

Trophy Distribution

16:15 - 16:45 Coffee Break

Parallel Workshop - Concurrent ED: Eating Disorders: Clinical Complexity and Treatment Innovation

Moderator



Dr. Vicky Mountford

16:45 - 17:15 Binge-less: A Structured Clinical Program for Binge Eating and Bulimia



Dr. Rami Bou Khalil

17:15 - 17:45 DBT-Informed Approaches in Binge Eating Disorder and Bulimia Nervosa: Addressing Clinical Complexity



Dr. Basma Kilani

17:45 - 18:15 Early Nutritional Rehabilitation in Anorexia Nervosa: Key Recommendations to Make life Easier for our Patients



Dr. Jennifer Guadiani (Virtual)

Moderator



Dr. Mohammad Saidam

16:45 - 17:15 Migraine in 2026: Year Review



Dr. Cristina Tassorelli

17:15 - 17:45 Transition of Care in Epilepsy: What is the Evidence?



Dr. Ola Safi

17:45 - 18:15 Updates on Headache Management in Children



Dr. Tamer Rizk

18:15 - 18:30 Q&A

Trophy Distribution

Closing By



Mrs. Carine El Khazen

Day 2

1 NOV 2026

Mirage Ballroom



Welcome and Registration

Metabolic Syndrome in 2026

Moderators



Dr. Muez Siddig &



Ms. Ruby Sawaya

09:30 - 09:55

The Body Betrayal: Menopause and Eating Disorders



Dr. Saria el Hachem

09:55 - 10:20

Metabolic Syndrome and the Choice of Antimigraine Therapy



Dr. Antoinette Maassen
van den Brink

10:20 - 10:45

Metabolic Syndrome and the Risk of Cognitive Impairment



Dr. Tareq Qassem

10:45 - 11:00

Q&A

11:05 - 11:20

Break

Moderators



Dr. Yahya Takriti &



Ms. Ghislaine Boustany

11:20 - 11:45

Functional Neurological Disorders - Evidence Update



Dr. Ross Dunne

11:45 - 12:10

Migraine, Medication Overuse and Depression: Is There a Link?



Dr. Cristina Tassorelli

12:10 - 12:25

Q&A

Trophy Distribution

12:30 - 13:00

Satellite Symposium - NewBridge Pharmaceutical

13:00 - 13:30

Satellite Symposium

13:30 - 14:30

Lunch

1 NOV 2026

Parallel Track - AI, Algorithmic Amplification and Eating Disorders: Innovation, Risk and Responsibility

Moderator



Mrs. Carine El Khazen

14:30 - 14:55

Digital Health and AI Interventions in Eating Disorders

Prof. Gemma Sharp (Virtual)

14:55 - 15:20

Regional Digital Risk, Youth Mental Health and Policy Response



Dr. Luna Al Khaldi

15:20 - 16:00

Panel Discussion

Prof. Gemma Sharp (Virtual)

&



Dr. Luna Al Khaldi

Parallel Track - Neurology Updates

Moderator



Dr. Tamer Rizk

14:30 - 14:55

Epilepsy Updates



Dr. Ayman Haykel

14:55 - 15:20

Parkinson Disease Update



Dr. Shivam Om Mittal

15:20 - 15:45

Update in Pain Management



Dr. Amar Salti

15:45 - 16:00

Q&A

Trophy Distribution

16:00 - 16:30

Coffee Break

Workshop Concurrent ED: Beyond Treatment: Rethinking Eating Disorder Prevention in Child and Adolescent

Moderator



Mrs. Maya Sidani

16:30 - 17:00

Weight Stigma as a Public Health Risk Factor: Can Reducing Bias Prevent Eating Disorders?



Dr. Lily O'Hara (Virtual)

17:00 - 17:30

The Body Project



Florence Gillet

17:30 - 18:00

Project Body Neutrality: A Scalable Single-Session Intervention to Improve Body Image in Youth



Dr. Arielle Smith (Virtual)

18:00 - 18:15

Q&A

Trophy Distribution

Workshop Neurology: Botox and PD Workshop

Moderators



Dr. Ola Safi &



Dr. Mohammad Saidam

Abbvie Workshop

16:30 - 17:15

Tremor Decoded: From Diagnosis to Treatment



Dr. Shivam Om Mittal

17:15 - 17:45

The Art of the Injection: Botulinum Toxin in Movement Disorders



Dr. Shivam Om Mittal

Closing By



Dr. Taoufik Alsaadi

Closing Cocktail Reception



30th October 31th October 1 November 2026

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